

Violence Prevention Programs supported by CWF, 2009

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National

Shelternet for Abused Women

\$40,000

Shelternet offers web resources for women who have experienced abuse, including an interactive shelter map, information on safety planning, and a "Just for Kids" section for children and youth who have witnessed violence.

Based on a professional third-party analysis of the site, a web upgrade has been deemed critical to Shelternet's ability to deliver on its mandate. Funding from CWF is supporting this much-needed upgrade so that the website can incorporate more current web technology and better serve the needs of abused women.

YWCA of Canada, *Life Beyond Shelter*

\$28,000

Life Beyond Shelter: Keeping Women Safe After Violence is part of a multi-year national project that is working to implement a coordinated, national plan to safely house survivors of abuse after their stay in a shelter.

Funding from CWF is supporting the fourth phase which will allow YWCA Canada to work with women who have experienced abuse, shelter providers, shelter associations and other stakeholders on public policy advocacy for implementation of the national plan.

The Fourth R Project, University of Western Ontario, *The Fourth R* London

2006-2010: \$180,000 over four years

The Fourth R is a school-based program for grade nine students that addresses dating violence, substance abuse, and risky sexual behaviours. Delivered by teachers as part of the Health and Physical Education high school curriculum, the program gives students the fundamental education and skills to help them develop healthy, non-violent relationships. Teens are also encouraged to form a Safe School Committee to complement the classroom component.

Currently running at some schools in Ontario, Saskatchewan and British Columbia, the Fourth R's ultimate goal is to have the program incorporated into the grade nine curriculum of every school board in Canada.

The Fourth R is one of four teen violence prevention programs to receive multi-year support from CWF. Each of the programs uses a variety of delivery methods to determine the best approaches for preventing violence in teens' lives. In year four, the funding recipients will participate in a cross-Canada learning event to share knowledge and best practices with other programs.

Alberta

Strathcona Sexual Assault Centre (SAFFRON), *ONYX Teen Girls Program*

Sherwood Park

\$28,000

ONYX Teen Girls Program provides a safe environment of empowerment for girls aged 10 to 16. Participants learn to be critical thinkers as they gain awareness of issues including self identity, gender stereotyping, dating safety, conflict resolution and assertiveness.

Alliance to End Violence (AEV), *Planting Peace in the Family: Faithlink*

Calgary

\$20,000

Planting Peace in The Family: FaithLink trains community leaders to address family violence in Southeast Asian immigrant and refugee communities that experience significant social, linguistic and economic struggles. Participants will be trained to identify, support and refer people who are experiencing violence to community service providers.

Alberta Council of Women's Shelters, *Domestic Violence Survivor Assessment Tool*

Edmonton

\$25,000

The domestic violence survivor assessment (DVSA) tool helps front-line counsellors assess the concerns and needs of women who have experienced violence (related to safety, health, culture etc.) and enhances their ability to provide relevant and meaningful interventions.

Funding from CWF is supporting training and on-going assistance for participating shelters.

Discovery House

Calgary

\$28,000

Discovery House is a second stage shelter (provides longer-term shelter than a transition house) which serves a growing immigrant and refugee population in Calgary.

Funding from CWF supports operational funding for the Immigrant and Refugee Women's Advocate, a staffing role which provides counselling, referral, support, advocacy, and education to the immigrant and refugee residents of Discovery House (many of whom are dually disadvantaged by domestic violence, resettlement and war). The advocate also provides cross-cultural support to internal and external service providers.

Medicine Hat Women's Shelter Society, *Musasa House – Breaking Barriers*

Medicine Hat

\$28,000

Musasa House is the only second stage housing program south of Calgary. *Breaking Barriers* helps abused women and their children rebuild their lives after abuse by recognizing, addressing and helping to mitigate the multiple challenges and barriers they face to live their lives independently and free from violence.

British Columbia

SWOVA Community Development & Research Society, *Respectful Relationships* Salt Spring Island

2006-2010: \$180,000 over four years

Respectful Relationships is an award-winning school-based violence prevention program for youth. The project engages with youth at a time when relationships are a big part of what they are thinking about, where their energy is focused, and what they want to understand. Interactive workshops, designed to help students develop healthy, respectful and safe relationships, are delivered by a team of adult facilitators (male and female), and are co-facilitated by trained high school students who are part of the program youth team. The workshops include creative awareness around dating violence, systemic violence, bullying, racism, homophobia, influence of the media, peer pressure, sexual harassment, dealing with anger, and skill-building to develop and maintain self-esteem and safe relationships.

Respectful Relationships is one of four teen violence prevention programs to receive multi-year support from CWF. Each of the programs uses a variety of delivery methods to determine the best approaches for preventing violence in teens' lives. In year four, the funding recipients will participate in a cross-Canada learning event to share knowledge and best practices with other programs.

West Coast LEAF Association, *No Means No* Vancouver

\$7,500

Introducing concepts of equality and human rights early in life allows young people to make informed choices, assert their own rights and protect the rights of others. *No Means No* addresses legal rights, violence prevention and consent in a positive and pro-active way through peer-facilitated workshops. Participants can also access other resources and services through the program's web-based learning and resource centre which is youth-designed and directed.

Robson Valley Home Support Society, *Respectful Relationships* McBride

\$27,959

Robson Valley Support Society provides support services to women, the elderly and disabled, children, and individuals or families in crisis.

Funding from CWF is supporting the delivery of SWOVA's award-winning *Respectful Relationships* program in local schools. *Respectful Relationships* helps students develop healthy, respectful and safe relationships, through interactive workshops on topics including dating violence, systemic violence, bullying, racism, homophobia, influence of the media, peer pressure, sexual harassment, dealing with anger, and skill-building. The program is delivered by a team of adult facilitators (male and female), and is co-facilitated by trained high school students who are part of the program youth team.

North Shore Crisis Services Society, *HOPE's Place* North Vancouver

\$10,000

HOPE's Place is a second stage housing program for women and their children who are at high risk of experiencing abuse and/or face multiple barriers in accessing safe and affordable housing. Residents may stay up to two years and are given support as they address issues like custody and access, childcare, education upgrades, employment, immigration, health, criminal justice support, income assistance. The program also offers workshops on parenting skills, and counselling for moms and children.

Marguerite Dixon Transition Society, *Housing Outreach Program*

Burnaby

\$25,000

The Housing Outreach Program helps women to find safe, suitable, and affordable homes once they are ready to leave a shelter or second stage house. With the ultimate goal of reducing the likelihood of a woman returning to her abuser, the program offers a wide range of supports including helping women obtain income assistance, budget guidance, resource referral in their new community and connection with schools, libraries, churches, food banks, counselling and other local support services.

Sunshine Coast Community Services Society

Sechelt

\$25,000

This initiative will provide information and support on custody and access for women who have left abuse in communities on the rural Sunshine Coast. Women will receive group and individual support, information on custody and access, court and appointment accompaniment, advocacy support and advocacy mentoring.

This organization has been successful in reaching out to some of the most marginalized women in these rural communities, including First Nations women, and women with histories of substance use and or mental health issues.

Bridges for Women Society, *Great Aunts Mentoring Program*

Victoria

\$25,000

The *Great Aunts Mentoring Program* (GAMP) matches women who have barriers to employment (resulting from past experiences of violence), with business and career women who volunteer to support them as they step toward independence. Participants and mentors receive training, guidelines, supervision and support from program staff during their six-month commitment.

Pivot Legal Society/Hope in Shadows

Vancouver

\$27,650

This initiative strengthens the ability of the domestic violence sector and child protection system in BC to better respond to issues related to women and children who have experienced domestic violence. It also helps women navigate these two systems so that they can increase their family's safety. Program components include working with organizations to develop more effective service delivery; training service providers to promote collaboration, information-sharing and adoption of best practices; legal education workshops; and legal information for women in violent relationships.

Haven Society, *RSVP & VIP Outreach to Schools Program*

Central Vancouver Island

\$25,000

Haven Society provides services to women, children, youth and families who have experienced violence. Through *RSVP & VIP* Haven Society is raising awareness in the community and working to prevent violence from happening in the first place.

RSVP (Respect, Safety, Violence Prevention) works with students in grades six and seven to raise awareness about dating violence. Healthy relationship and personal boundaries are explored during this window when youth have likely not yet engaged or been entrenched in unhealthy behaviours and patterns.

VIP (Violence Is Preventable) is designed for educators, parents and students from kindergarten to grade 12. Parents and students are educated about the impact of domestic violence and given information about community resources. Teachers and schools are provided with resources on

how to talk about domestic violence and are supported with strategies to help students make healthy choices and stay safe.

Manitoba

Survivor's Hope Crisis Centre

Pinawa

\$15,000

Hope Crisis Centre delivers school-based healthy relationship workshops (to grades 6, 8, 10 and 12) that address the root causes of relationship and sexual violence against girls and women.

Male and female students explore healthy relationships, intuition, media influence on beliefs and attitudes, personal boundaries, assertiveness, bullying, compassion, gender stereotyping, sexual harassment, cyber bullying, self-esteem, respect and communication, homophobia, relationship violence, and date rape.

Sexuality Education Resource Centre Manitoba, *Our Selves, Our Daughters*

Winnipeg

\$27,476

Our Selves, Our Daughters engages refugee and immigrant Eritrean women in Winnipeg in culturally-specific education sessions on women's sexual, reproductive health and female genital cutting (FGC). The program explores the factors that support or detract from undergoing FGC, addresses health impacts, and supports informed decision-making that leads to its prevention.

Women's Safe Haven/Resources Services Inc.

Flin Flon

\$28,000

Funding from the Canadian Women's Foundation is aiding the expansion of Women's Safe Haven through the hiring of an in-house support worker. This will allow the organization to provide services like crisis intervention and skill development to families during evenings and weekends.

New Brunswick

Making Waves/ Vague par Vague Inc.

Fredericton

2006-2010: \$187,422 over four years

Making Waves is a province-wide initiative that educates teens about dating violence prevention. Twelve to 16 schools are invited to send four students to a Making Waves Weekend Retreat where participants engage in activities, workshops and facilitated group discussions about relationship violence. Topics include healthy relationships, recognizing abuse, media awareness, gender stereotypes, self-esteem, helping others, prevention of sexual assault and effective communication. Participating teens then work on an action plan and develop awareness-raising activities they can run with students back at their own schools.

Making Waves is one of four teen violence prevention programs to receive multi-year support from CWF. Each program uses a variety of delivery methods to determine the best approaches for preventing violence in teens' lives. In year four, the funding recipients will participate in a cross-Canada learning event to share knowledge and best practices with other programs.

Muriel McQueen Fergusson Centre, *Acting Out*
Fredericton
\$28,000

Acting Out is a violence prevention program for teens identified as 'vulnerable' and 'at risk' because of complex social, cultural, economic, physical, and mental health issues. Acting Out is designed to engage these young people in arts-based violence prevention activities like poetry, script-writing, drama, filmmaking, sculpture, photography, and painting. The activities are explicitly intended to promote resiliency, transformation, and social change in young people's lives.

Sussex Vale Transition House, *Outreach program*
Sussex
\$27,500

The *Outreach program* provides essential services to clients struggling to leave a violent relationship. Through individual and group support, transportation and accompaniment to appointments (medical, legal etc.), the program helps women safely leave abusive situations and maintain a secure, healthy living environment.

Newfoundland and Labrador

St. John's Women's Centre
St. John's
\$28,000

The Women's Centre supports a wide range of clients who face multiple challenges or have limited access to resources. The Centre is expanding to offer a second stage housing program for local women, the majority of whom have complex needs and have experienced varying forms of violence.

Funding from CWF is supporting information sessions and one-on-one support in areas including financial literacy, obtaining housing, and accessing health and legal resources.

Northwest Territories

Inuvik Youth Centre Society, *Project Respect*
Inuvik
\$27,670

Project Respect is a workshop series for youth and adolescent parents who are at risk of, or are experiencing domestic violence. Weekly sessions with social workers, elders and health professionals provide prevention tools and connection for women and girls who are at risk of violence. Through the program, young parents and girls are building a support system, learning healthy coping mechanisms, and becoming familiar with community support services. This program will be extended to incorporate a workshop that directly focuses on dating violence and abuse within Aboriginal communities, which they will travel with throughout the Beaufort Delta region.

Nova Scotia

Healthy Relationships for Youth
Antigonish
2006-2010: \$180,000 over four years

Healthy Relationships for Youth promotes positive communication and healthy relationships to students as part of the grade nine health curriculum. Facilitated by a community worker and

teacher (and assisted by a youth team member) students explore the harmful effects of sexism, racism and homophobia as they develop skills to help them make positive decisions about their own behaviour.

Healthy Relationships for Youth is one of four teen violence prevention programs to receive multi-year support from CWF. Each program uses a variety of delivery methods to determine the best approaches for preventing violence in teens' lives. In year four, the funding recipients will participate in a cross-Canada learning event to share knowledge and best practices with other programs.

Leave out Violence (LOVE)

Halifax

\$10,000

Leave Out Violence (LOVE) is an award winning, grass roots youth organization that is creating a youth-led movement against violence.

Funding from CWF supports LOVE's leadership training and community outreach. Participants develop the skills, confidence and passion to become part of LOVE's community violence prevention team whose members share messages of non-violence in schools, in their communities and with their peers.

Tearmann Society for Abused Women

New Glasgow

\$13,602

Tearmann Society took over coordination of six Second Stage housing units in 2007.

Funding from CWF is providing a coordinator who will offer group support sessions to tenants on safety planning, coping skills, budgeting, and conflict resolution. Individual support will include counselling and advocacy.

Stepping Stone Association, *Out of the Shadows Violence Prevention Project*

Halifax

\$20,000

Street-based sex workers in Halifax continue to be one of the most marginalized populations in the community. This has a significant impact on their health and well-being and is a contributing factor to violence that occurs against them.

The *Out of the Shadows Violence Prevention Project* uses a multi-tiered approach to preventing violence against street-based sex workers. The program provides health care delivery, violence prevention and capacity building programs for sex workers (in partnership with the AIDS Coalition of Nova Scotia), as well as educational and training sessions for people who live and work where street-based sex workers are present, and where sex workers experience the most violence.

Nunavut

Baffin Regional Agvvik Society/YWCA Agvvik Nunavut

Iqaluit

\$28,000

This initiative provides culturally and age-appropriate programming for children who have witnessed violence, and group support and resources for mothers who are rebuilding their lives after violence. The program is offered at two shelters in Iqaluit and includes training for shelter staff and information sessions for the staff at children's schools.

Ontario

Social Services Network

Markham

\$28,000

This initiative equips South Asian youth of York Region with the tools to prevent violence from occurring in their lives. The program offers culturally-specific outreach and education that empowers youth and validates their personal experiences. Activities include training sessions, youth-led workshops, and information groups at worship places and community centres.

North York Women's Centre, *More Than Just Girl Talk*

North York

\$13,000

More Than Just Girl Talk provides a safe space for young newcomer women to discuss safety, healthy relationships, personal boundaries, self-esteem, diversity, and discrimination within the context of barriers they experience as newcomers (language, racism, isolation etc.)

Participants are all students of C.W. Jefferys Collegiate Institute in North York, which received national media attention following the shooting death of a student and allegations of sexual assault targeting female Muslim students.

Funding from CWF is supporting extension of the program, as well as the development of a resource guide on safety and healthy relationships for newcomers. The guide will be distributed throughout the school as a means for participants to share their knowledge with their peers. It will also provide valuable insight into girls' perspectives on these issues for parents and staff.

Ottawa Rape Crisis Centre

Ottawa

\$20,000

This high school-based initiative provides a safe and confidential environment in which young women from immigrant and refugee backgrounds can discuss issues that affect their lives. Topics include intergenerational conflict, self-esteem, body image, violence and healthy relationships. With the help of trained facilitators, the girls will be able to address difficult issues such as sexual violence and get referrals to counselling and other services in the community.

Sheatre, *Far from the Heart*

Kemble

\$20,000

Far From the Heart is an interactive dating violence prevention program that uses participatory theatre, facilitated discussions, teacher training and in-class activities to educate youth about rape, sexual assault and healthy relationships. Developed and conducted in partnership with community agencies and youth, the program is delivered in high schools and other teen venues throughout primarily rural counties.

Sheatre received the Ministry of the Attorney General's Victim Services Award of Distinction for outstanding service to victims of crime in Ontario, through *Far From the Heart*, in November 2008.

CALACS francophone d'Ottawa

Ottawa

\$25,000

This initiative educates youth on sexual assault and women's equality using educational presentations and a poster competition. Finalist poster submissions will be featured in a calendar and part of a travelling exhibit in schools to raise awareness amongst youth across the region.

Lanark County Interval House, Carleton Place

\$28,000

This initiative offers support groups to mothers who are rebuilding their lives after violence, and to children who have witnessed violence.

Support groups for children help them work through the trauma of witnessing abuse using role-play, videos, discussion and other forms of creative expression. Participants learn about conflict resolution, healthy communication and personal safety.

Support groups for mothers provide a forum for sharing information and resources, gaining confidence in parenting skills, learning about custody and access, increasing personal safety and understanding the impact on children of witnessing violence.

United Way of London & Middlesex, *New Beginnings Loan Fund*

London

\$28,000

The *New Beginnings Loan Fund* provides interest-free loans for women who are rebuilding their lives after abuse. The loans support any activity that increases a woman's safety and can include funding rent arrears or deposits, utility costs, education or training, household set-up, storage or moving costs, safety repairs or upgrades, transportation, employment supports, legal costs and supports for immigrant women.

This Fund has been operating successfully since October 2008 and is administered by four community organizations.

St. Thomas - Elgin Second Stage Housing, *Children's Program*

St. Thomas

\$5,000

The *Children's Program* at St. Thomas-Elgin Second Stage Housing supports children living at Second Stage and those whose mothers are actively involved in their transitional program.

The program offers groups for pre-school-aged children, psycho-educational groups and individual counselling for school-aged children, recreational groups for all children, family recreation groups, parenting groups, ongoing parenting support, parent relief, crisis counselling, liaison with schools and referrals to other services and programs.

Scarborough Women's Centre, *Expanding the Reach: Empowering Women with Disabilities*

Scarborough

\$27,975

Expanding the Reach: Empowering Women with Disabilities provides educational workshops for women with disabilities who are experiencing isolation and/or family violence.

Participants learn how to decrease their risk and increase their ability to cope with the consequences of violence, including poverty, isolation and dependency. Selected participants will also be trained as workshop leaders.

Joy Women and Children Mission Society of Canada, *A Brighter Future, Rebuilding Our Lives*

Scarborough

\$25,000

A Brighter Future, Rebuilding Our Lives supports Korean women who have suffered abuse and are in a transitional period of their lives. Women participate in support groups and workshops that help them access resources, regain their independence and overcome the stigma (which many of them face in their community) of abuse or divorce.

Joy Mission is the only Korean organization in Toronto that supports and encourages Korean women in transitional stages of their lives.

YWCA Toronto, *December 6th Fund*

Toronto

\$25,000

The *December 6th Fund* provides interest-free loans and social service referrals to help remove some of the financial barriers that prevent women from leaving their abusers. The loans can be used for rent, bills in arrears, hydro, furniture or moving expenses.

The *December 6th Fund* was named in remembrance of the 14 women murdered at L'École polytechnique in Montreal in 1989.

Aboriginal Youth Non-Profit Housing Corporation of Ottawa, *Pathfinder Program*

Ottawa

\$6,670

The *Pathfinder program* provides therapeutic, psycho-educational workshops for young Aboriginal women to help them address past traumas and break the cycle of violence and abuse in their lives.

Assaulted Women's Helpline and the Ontario Association of Interval and Transition Houses, *Survivor Voices*

Toronto

\$28,000

Survivor Voices brings together survivors in communities across Ontario to create a model of survivors' inclusion in decision-making within public services and systems. Beginning with the Ontario Association of Interval and Transition Houses (OAITH), the program is developing the structure, policy and processes for inclusion of survivors in the decision-making and work of the provincial women's shelter association. The model can then be used by other organizations to support survivor participation in improving services and systems in Ontario, both at the local and provincial levels.

Victim Services of Brant, *Domestic Violence Rent Bank*

Brantford

\$10,000

The *Domestic Violence Rent Bank* provides interest-free loans for women who are leaving domestic abuse and establishing an independent residence. Loans are approved based on the needs of the applicant and are primarily approved to assist with first and last month's rent, mortgage payments (until they can establish support payments to prevent the applicant from losing her house), or utility bills.

WORC IT in partnership with New Hope Tabernacle

Toronto

\$23,000

WORC IT helps young women in the Jane and Finch area of Toronto to reduce violence and economic insecurity in their lives through workshops on team-building, self-esteem and critical thinking development, violence prevention, sexual health, academic and career goal-setting, and leadership skills. Participants also have the opportunity to become peer mentors and present their own workshops on issues that touch their lives.

Access Alliance Multicultural Health and Community Services, *Kisses and Disses: Love and Relationships*

Toronto

\$28,000

Kisses and Disses encourages respectful relationships amongst newcomer youth (aged 11 to 13), by using popular media, arts activities and a poster campaign to address the critical issues they face. Participants explore healthy relationships, gender stereotypes, violence, and traditional gender roles.

**Kawartha Sexual Assault Centre, *Sexual Assault Survivors Art Therapy Group*
Peterborough, City of Kawartha Lakes, Northumberland, and Haliburton**

\$11,700

The *Sexual Assault Survivors Art Therapy Survivors Group* is an opportunity for women with developmental disabilities to work through the emotional and psychological impact of past abuse. Participants express their experiences through art and learn to begin verbalizing their feelings. The women also develop strategies to minimize future risk of violence.

Chatham-Kent Sexual Assault Crisis Centre (CKSACC), *Toward Accessibility*

Chatham-Kent

\$25,100

CKSACC provides confidential support, advocacy and information to women who have experienced violence.

Towards Accessibility improves accessibility for women who are Deaf or disabled by addressing physical and attitudinal obstacles and providing opportunities for women to get actively involved in CKSACC and other organizations. *Towards Accessibility* also offers workshops to service providers on improving and promoting inclusivity.

Atikokan Native Friendship Centre, *Sisters' In Spirit and Human Trafficking*

Atikokan

\$2,216

Atikokan Native Friendship Centre improves the quality of life for Aboriginal people living in Atikokan through activities that encourage equal access and participation in Canadian Society and which respect Aboriginal cultural distinctiveness.

Funding from the Canadian Women's Foundation is supporting a two-day community training program on the trafficking of young Aboriginal women.

Prince Edward Island

Prince Edward Island Rape and Sexual Assault Centre Charlottetown

\$24,655

This eight-week workshop explores healthy relationships and violence prevention with teen girls who are new Canadians, Aboriginal, and rural. Girls are then supported and encouraged as they work on ways to disseminate the information to their communities.

Québec

Wemindji Gathering Centre, Cree Nation of Wemindji in partnership with Girls Action Foundation

\$25,000

This program is run in a community on the East Coast of James Bay in Northern Quebec where there is a high incidence of sexual assault in social settings, most cases of which go unreported. Offered to girls in grades nine through 11, the initiative increases awareness of sexual assault and teaches girls how to be safe, what to do if an assault occurs, and what to do about past assaults. The program also educates male students, community members, social workers, public health and safety workers, police and teachers, and works with students on outreach plans for expanding awareness in the community.

Y des femmes de Montréal / YWCA Montréal

\$25,000

In collaboration with its girls council and a number of community partners, this initiative develops and deliver training tools to help local and regional women's organizations begin or expand their work with girls. Areas of focus include violence prevention programming in schools and community centres, and awareness building around the hyper-sexualisation of girls.

La Maison Anita Label

Baie Comeau

\$28,000

This initiative is working to extend second stage housing to women and families in the surrounding communities of Baie Comeau by setting up a satellite shelter. There is a desperate need for housing as the cost of rent is very high and the vacancy rate is very low (0.04%).

Maison pour femmes immigrantes

Québec

\$25,000

This initiative offers interest-free loans to Immigrant women who have experienced abuse. Loans can be used for first month's rent, moving costs, furniture to help women establish their new homes, childcare as women look for employment, or education fees for training or improving skills.

Assaut Sexuel Secours

Val d'Or

\$10,500

This program works to improve the well-being of Aboriginal women, especially with regards to sexual victimization. Women are given the opportunity to gather within their own communities and begin the healing process, gaining knowledge and developing tools that respond to their own needs and values.

Maison L'Océane
Montréal
\$10,000

This program supports women as they take back control of their lives after abuse. Group work focuses on understanding what happened, the effects of violence on women and their children, healing from the trauma of abuse and increasing safety. Women are also provided with referrals and support accessing community resources.

CALACS de l'Ouest de l'Île
Pierrefonds
28,000

This program helps older women who have experienced abuse. Group support breaks isolation, provides a forum for healing and educates participants about abuse and its after-effects. Training is also provided for health care providers and care workers in residential homes.

Halte-femmes Montreal Nord
Montreal
\$25,000

The initiative helps women who have experienced domestic violence to heal and regain control of their lives. Participants are empowered to break through personal isolation, increase their sense of security and work towards breaking the cycle of abuse.

Madame Prend Congé-Centre de femmes de Pointe St-Charles, *Devictimization and Antidote*
Montreal
\$15,218

Devictimization and Antidote helps women understand the process of victimization and teaches them how to regain a sense of well-being and empowerment following the trauma of abuse. Support groups and referral services are also an integral part of this program.

Saskatchewan

Saskatchewan Voice of People with Disabilities, *Girl Power Camp*
Regina
\$25,000

It is estimated that 83% of women with disabilities in Canada will be sexually abused in their lifetime. *Girl Power Camp* brings together young women with disabilities, between 16 and 24 years of age, to develop and participate in a day-long power camp which trains them on safety, self-protection, healthy sexuality and assertiveness.

Girl Power Camp aims to raise awareness and visibility of young women with disabilities, and empower them with the ability to identify, prevent and report abuse. Sessions cover self-esteem, body image and societal stereotypes of women with disabilities.

Sofia House
Regina
\$20,000

This program provides ongoing counselling, information, support, group sessions and referrals to women fleeing domestic violence and staying in a second stage shelter. The program helps women and children deal with the challenges they experience as a result of domestic violence and enables them to gain the strength, information and skills they need to rebuild their lives.

Funding from CWF is supporting the expansion of the program through the hiring of an in-house support position. This will allow Sofia House to provide support services like crisis intervention and skill development to families during the evenings and on weekends.

Yukon

Help & Hope for Families

Watson Lake

\$28,000

Help & Hope is in the process of constructing a Second Stage Housing Project with four residences for women and children.

Funding from CWF is supporting the employment of a full-time coordinator who will facilitate the women's transition from shelter living to the semi-independent living of Second Stage, and support their continuing transition to fully independent living away from the Transition Home. This person is responsible for all aspects of the residents' experience of Second Stage, from personal support, referrals and property management to advocacy and life-skills training.

The women residents will be mostly Aboriginal women who have survived residential school, poverty, addictions, family loss and violence.